

TREGENZA TIMES

Old Collegians Rugby Football Club Inc.



www.oldcollegiansrugby.org.au

March 2006

SOCIAL DIARY



ON THE BIG SCREEN AT THE CLUB

18 March	Blues v Brumbies
25 March	PUB CRAWL NIGHT Brumbies v Chiefs Western Force v Bulls
31 March	Western Force Stormers Waratahs v Cheetahs
1 April	Sharks v Reds Hurricanes v Crusaders Chiefs v Highlanders
8 April	Brumbies v Cheetahs
15 April	Chiefs v Stormers Reds v Bulls
22 April	Brumbies v Hurricanes
29 April	Brumbies v Reds

PUB CRAWL !

SATURDAY 25TH MARCH

Join our inaugural annual pre-season pub crawl! This year, we're playing Pub Golf as we crawl through our local drinking holes, including our sponsors at the Feathers and Ballroom Billiards. We'll also stop in at the clubrooms to watch the Brumbies v Chiefs on the big screen at the Club at 4.00pm. Pub Crawl T-Shirts can be pre-ordered for \$20.

RSVP Tara Naige on
naige.tara@saugov.sa.gov.au



PUB GOLF

FIRST HOME GAME – 29 APRIL

Our first home-game is expected to be 29 April 2006 with all grades at home against Souths/Roseworthy (other than the women). Join us in the clubrooms after the game for presentations, a cheap meal and:

CLUB-WIDE KANGAROO COURT

Expose the follies of your fellow clubmen, subject your friends to ridicule, defend yourself against unfair attack, repent of your sins and be redeemed! (and enjoy the drinks specials...)

BRUMBIES V REDS

Showing live on our big screen at approx 7.45pm

OC's POOL COMPETITION

Sponsored by **BALLROOM BILLIARDS**, Norwood Parade

Where: Ballroom Billiards, Norwood Parade

When: 2pm, Sunday 14 May 2006

Cost: \$20.00 per player

SIGN UP NOW!

Knock-out Doubles

Free Keg for Competitors

\$200 cash prize



NEWS FROM SARU

At the AGM, the following people were voted life membership of the SA Rugby Union. Old Collegians extends its congratulations to each of them:

Richard Badcock - various roles in Junior and Senior Unions over 50 plus years.

Barry Cooper - Junior & Senior coaching of State Teams and general development over 30 years.

Ted Fidock - various roles as a coach, selector and administrator over 40 plus years.

Julie Millar - administration for over 25 years.

Michael von Berg - administration at State and Australian level, State coaching at Schools, Under-21 and Senior level over 15 plus years

We also congratulate the new and re-elected Board Members, namely:

President, **Geoff Holdich**,

Deputy President, **David Savage**

Neil Whittaker, Stephen Rowe and Phil Badcock

CLUB NOTES

PHYSIOTHERAPY FOR CLUB MEMBERS

Physio Direct offers special rates to **ALL** Old Collegians members with particularly attractive rates for 1st and 2nd grade players. Call 8373 1324 to arrange an appointment to a clinic near you.



Club members are reminded that they are entitled to receive a 10% discount from Athlete's Foot in Burnside, Canterbury in the Myer Centre in Rundle Mall and Champs Sports in Burnside!

NEW SHOWERS AND KITCHEN

Thanks to the hard work and kind generosity of a number of clubmen, notably including **Mark Pickard of Direct Interiors, Calum Mackie of Waterproof Plumbing** and **Jim Denley and his crew**, our shower and kitchen renovations are well under way. We will be without showers for a few more weeks, but we hope it will all be done soon.



WORKING BEE WE NEED YOUR HELP!

Saturday 18th March, 10am to 5pm

Sunday 19th March, 11am to 4pm

Tiling
Carpet laying /edging
Removal of old tiles

Painting
Putting up Blinds/Shadecloth
Grouting

Cleaning
Installing locks/hooks/ shelves
Paving

Please bring your drill, paintbrush, scraper, jackhammer, work gloves and tool box!!
BBQ and Drinks provided – stay around afterwards on Saturday for the Brumbies game.
For further information see Sue Thewlis, Ryan (Boo Boo) Neilsen or Kim Evans.

FUNDRAISER – BUY A TILE!

We need to raise funds to pay for the new showers. For \$20 you can have your name written on a tile in the new bathroom and secure your place on Collegians' walls. (For \$50 we'll even let you choose the position of the tile.)

AUSTRALIAN RUGBY SHIELD 2006

With the retention of Perth in the Australian Rugby Shield and the inclusion of ACT and Tasmania, the competition has been divided into two pools. Adelaide will face Perth, Melbourne and Tasmania **with all games at home !**

7th May Adelaide Black Falcons v Perth - Gleneagles Reserve
13th May Adelaide Black Falcons v Melbourne - Hindmarsh Stadium
20th May Adelaide Black Falcons v Tasmania - Hindmarsh Stadium
27th May Australian Rugby Shield Semi-final - Venue TBC
3rd June Australian Rugby Shield Final - Venue TBC



We congratulate our OC Falcons' representatives:

Simon Burmeister, John Collins, Richard Czeglik, Andrew Farquharson, Ben Hamer, Charles Sheppard, Christian Tedge, Kini Tavui,

...and in the Junior Falcons:

James Madsen, Will Mellor, Ross Wakeham and James Hopkins (injured)

ELIZABETH SEVENS

Well done to our Sevens team who won all their minor round games without ever looking very troubled.

The 12 man squad consisted of Peter Cross, Michael Douglas, Andy Farquharson, John Grime, Ben Hamer, James Hopkins, Quentin Manuel, Ryan Neilsen, Lee Rebbeck, Charlie Sheppard, Ben Suttell and Kini Tavui.



Unfortunately, Hoppo and Kini both pulled hamstrings in the last minor round game and left us without enough speedsters out wide, ultimately losing to Burnside in the semi-final.

Congratulations to Port Adelaide who beat Burnside in the final. Congratulations also to our own Andy Farquharson (pictured above) who won the medal for best player in the competition.

Thanks to all the boys who played, to Andy Farquharson for coaching, to Hamish Cranna and Richard Czeglik for managing and to Kate Denley for her assistance as trainer/strapper.

DIRECT

INTERIORS

SEASON 2006

PRE-SEASON COMPETITION

SA Rugby is introducing a new 'sponsored' Pre-Season Competition to be known as the **Bartercard Cup**. Whilst details are currently being finalised the Bartercard Cup is likely to be run using a Cup & Plate knock-out format over 3 consecutive Friday evenings prior to Easter. It will be a **15 a-side competition with each club able to field a 22 man squad**. Games will be run in **2 x 30 minutes halves**. Further details will be circulated shortly. All clubs are expected to participate in the Bartercard Cup, a new initiative designed to kick off 2006 with the aim of preparing and developing players, coaches and officials for the Premiership Season.

BE ACTIVE OVER-35'S RUGBY SERIES

SA Rugby, in conjunction with the SA Office for Recreation and Sport, will be holding an Over-35's Rugby Series on Sunday afternoons throughout the Rugby Season. Held every three weeks and played under Golden Oldies' rules the series is open to all those who want to get back and have some fun rugby on a regular basis. More details will be available shortly.

PLEASE SPEAK TO GRAHAM RAYMOND IF YOU ARE INTERESTED!

COACH AND REFEREE DEVELOPMENT COURSES

Smart Rugby: Wed 15th March 6pm Southern Suburbs RUFC

Smart Rugby: Mon 20th March 6pm Old Collegians RFC

Junior Player Pathway: Mon 20th March 6pm Brighton RUFC

Junior Player Pathway: Wed 22nd March 6pm Burnside RUFC

Foundation Course: Sun 26th March 8am Woodville RUFC (for coaches and referees)

Level 2 Coaching: 31st Mar-2nd April 6pm Woodville RUFC

Scrum Clinic: Sat 1st April 6pm Woodville RUFC

Assessors' Training: Sun 25th June

(Please contact us if you want to attend any of these courses)

JUNIOR RUGBY

TRAINING STARTS WEDNESDAY 15 MARCH 2006!

Juniors' coaches and managers to be announced soon.

SAPSASA RUGBY

Old Collegians hosted more than 90 local primary school children for a rugby day recently. Over 30 Primary Schools across eight zones have registered for SAPSASA Rugby. Jason Harding of SA Rugby has coordinated the program, which is one of the biggest primary school based rugby competitions ever held in South Australia. Thanks to **Will Sadler, Jason Leonardis, Henry and Tom Nutt** and **Harley Janssen** for refereeing and assistance with the SAPSASA Gala Day last week. Without their help, it would not have been possible (and they all had to take the day off school!). The competition will culminate in the SAPSASA State Championships to be held at Hindmarsh Stadium on Wednesday 10th May 2006.

TRY RUGBY

TryRugby is the Australian Rugby Union's fun, six-week sports program for boys and girls aged 5 - 16 years. It's a fun way for young players of all abilities and Rugby experience to enjoy the game at their own pace. Players develop general and Rugby specific sport skills in a fun, safe and welcoming atmosphere. Running TryRugby centres throughout regional and suburban Australia has been made possible by the profits generated by the 2003 Rugby World Cup. **Try Rugby starts Friday 17th March at 5.30 pm.**

SENIOR DRAW 2006

Date	Venue	Premier Grade 15:20	Reserve Grade 14:00	3rd Grade 12:40	4th Grade 11:20
22 Apr	Gleneagles			Adelaide Uni	Elizabeth
	Riverside	Port Adelaide	Port Adelaide		
29 Apr	Tregenza	Southern Suburbs	Southern Suburbs	Roseworthy	Southern Suburbs
6 May	Brighton	Brighton	Brighton	Brighton	Brighton
7 May	Gleneagles	Adelaide Black Falcons v Perth			
13 May	Tregenza	Onkaparinga	Onkaparinga	Onkaparinga	(Bye)
	Hindmarsh St	Adelaide Black Falcons v Melbourne			
20 May	Brighton				Brighton
	Parkinson	Burnside	Burnside		
	Wilfred Taylor			Onkaparinga	
	Hindmarsh St	Adelaide Black Falcons v Tasmania			
27 May	Waite	Adelaide Uni		Uni (14:00)	
	Womma		Elizabeth (12:40)		Elizabeth
3 Jun	Tregenza	Woodville	Woodville	Roseworthy	Burnside
17 Jun	Tregenza	Port Adelaide	Port Adelaide	Onkaparinga	(Bye)
24 Jun	Bailey	Southern Suburbs	Southern Suburbs		Souths (12:40)
	Dry Creek			North Torrens	
1 Jul	Tregenza	Brighton	Brighton	Brighton	Brighton
8 Jul	Wilfred Taylor	Onkaparinga	Onkaparinga	Onkaparinga	Onkaparinga
15 Jul	Roseworthy			Roseworthy	
	Tregenza	Burnside	Burnside		Burnside (12:40)
22 Jul	Tregenza	Adelaide Uni	Eliz	Adelaide Uni	Elizabeth
29 Jul	Dry Creek			North Torrens	
	Gleneagles	Woodville	Woodville		
	Riverside				Burnside (12:40)
05 Aug	Bailey				Souths (12:40)
	Brighton			Brighton	
	Riverside	Port Adelaide	Port Adelaide		
12 Aug	Tregenza	Woodville	Woodville	North Torrens	(Bye)
19 Aug	Brighton	Brighton	Brighton	Brighton	Brighton
26 Aug	Parkinson				Burnside (12:40)
	Tregenza	Southern Suburbs	Southern Suburbs	Roseworthy	





Our love and congratulations to Ray Butler and Dianne, who were married in the Barossa in February, with many of his friends from the club all around.

You may have noticed that we have a pool table in the Old Collegians clubrooms for the first time in many years. The table is free for club members over the age of 18 and you can get the balls and cue from behind the bar. Spend some time practising for the 2006 OC's Pool Competition which will be held at Ballroom Billiards on 14 May (see front page for details). Our thanks go to our new sponsor:

BALLROOM BILLIARDS.

Not only is Ballroom Billiards sponsoring the pool competition, but the club also receives *cash sponsorship for every drink you buy*. So go along to Ballroom Billiards (Norwood Parade, Norwood), tell them you're from OC's and support your club!

SUPER 14 FOOTY TIPS

Top Ten (After Round 4)

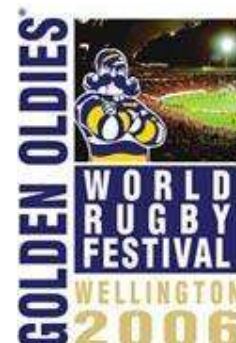
1	Belinda Wade	21
2	Shelley Woodstock	20
3	Kelly Ann O'Neill	20
4	Anne Bradley	20
5	Christian Tedge	20
6	Jason Leonardis	19
7	Kim Evans	19
8	Imogen Hume	19
9	Hamish Cranna	19
10	Kate Reynolds	19

Weekly prizes of beer tickets (12 schooners) have gone to Belinda and Tedgie

The Experts v OC's Best and Worst			
			
Ben Kimber 20/27	Peter FitzSimons 17/27	Simon Poidevin 17/27	Greg Growden 14/27
			
Belinda Wade 21/27	Christian Tedge 20/27	Ben Suttell 16/27	Zoë Woodstock 15/27

Experts' tipping stats taken from www.rugbyheaven.com.au

29 October - 5 November 2006 - Wellington NZ will host the 16th Golden Oldies World Rugby Festival in 2006. The tournament is the biggest rugby festival in the world, with over 200 rugby teams and 5,000 people from over 20 countries. The festival takes place over 7 days and includes a street parade, opening ceremony, parties and rugby games in venues all over Wellington. **The University Old Blacks are looking to combine with a team from Old Collegians. Stephen Boyd will be your host in his old hometown and partner in crime Richard Wells will be manager and player for the trip.** An exclusive Adelaide Clubhouse in the heart of the entertainment precinct has been secured. Approximate cost for airfares, accommodation and festival package is NZD\$2000 for the week. Please contact Stephen Boyd M: 0432 767 424 or E: sboyd@castlepoint.com.au





Old Collegians is proud to announce that **POWER LOAN** is our newest sponsor. Power Loan is an international finance company that has been in operation for over 7 years. The Head Office is located in Adelaide, with numerous branches and offices operating across Australia & New Zealand.

Old Collegian’s Juan Aguiar is a Service Manager with Power Loan and would be very happy to help anyone connected with Old Collegians achieve their financial goals and objectives. Contact him by email at juan@powerloan.com.au or 0439 865 153. Power Loan is confident that it has a better option than your current arrangements and the club receives **added sponsorship funds** from everyone connected with Old Collegians who signs up with Power Loan.

There is access to a large range of Power Loan products, including for:

- First Home Buyers
- Home Owners
- Property Investors
- Small Business Owners
- Property Developers
- Commercial Property Owners/Investors
- Specialised Commercial Projects

Each of these Power Loan products are developed and structured to meet the individual client's needs. This combined with the Personal Service Manager enables clients to achieve finance success.

Congratulations to Julia Arnold who won the free \$200 Power Loan at our Chinese New Year Party.



speed : power : agility
Challenge yourself. Be motivated by the team!

Tuff Girls is an outdoor, high intensity sports conditioning program designed to increase your leg power, core strength and overall sports fitness and endurance.

Combining dynamic warm-up, beach-sprints, resistance water-running, hills, circuits and relays, Tuff Girls aim to increase your explosive speed and overall stamina whilst still being safe and enjoyable.

One hour Tuff Girls sessions are held at Grange Beach (by the Jetty) on Saturdays starting at 9.30am.
 Cost \$10.00 per person.

Numbers are limited and bookings are essential. Call Erik 0404 049 845 or email strategicfit@hotmail.com

The Frocs would like to thank Erik Chmielewski for all his help with their fitness! In addition to the brilliant Tuesday sessions, some of the girls have joined Erik’s Tuff Girls program on Saturday mornings, and they thoroughly recommend it!

2006 COMMITTEE

President	Kim Evans	kim@oldcollegiansrugby.org.au
Vice-President	Graham Raymond	graham.raymond@loreto.sa.edu.au
Director of Rugby Selectors	Danny McCartan Ted Apted, Barry Nichol	danny.mccartan@northlinefreight.com.au eapted@iprimus.com.au nichol.barry@saugov.sa.gov.au
Secretary	Sue Thewlis	sthewlis@e-access.com.au
Treasurer	Ian Barrie	barrie.ian@saugov.sa.gov.au
Registrar	Richard Waddicor	rnw@ihug.com.au
Social Director	Tara Naige	naige.tara@saugov.sa.gov.au
House & Grounds	Ryan Neilsen	booboo58@hotmail.com
Junior Rugby Director:	Neil Bradley	nbradley@bradleygroup.com.au
Deputy Junior Director:	William Donohue	william@careandprevention.org
Junior Secretary:	Michelle Tingay	mindoc48@hotmail.com
Junior Registrar:	Anne Bradley	abradley@bradleygroup.com.au
Junior Social Director:	Duncan Armstrong	
Junior Committee member:	Robert Knowles	

2006 COACHES AND MANAGERS

1ST GRADE

Coach	Rob Sadler
Asst. Coaches	Steve Boyd and Andy Farquharson
Manager	Hamish Cranna and Harry Clark

2ND GRADE

Coach	Graham Raymond
Asst. Coaches	Cameron McDonald and Mark Siosi
Manager	Denzil Church

3RD GRADE

Coach	Andre Brummer and Iain Everiss
Manager	Ian Walker assisted by Janet Penhall

4TH GRADE

Coaches	Andrew Marshallsay and Peter Policki
Manager	Shane Clark

WOMEN'S GRADE

Coach	<i>Erik Chmielewski will be taking pre-season but the Women's Team is still searching for a coach for the balance of the season – please contact us if you are interested</i>
Manager	Maxine Moran

BOOTH AVENUE, LINDEN PARK SA 5065 PHONE 8379 4770

PRO-TIME
BUSINESS SOLUTIONS

Computer and Network Sales.
Contact John Denley for your computer needs! Ph 8431 3166